



Professional Aromatherapy Practitioner Diploma

Introduction

This accredited by the International Federation of Professional Aromatherapists course will provide you with everything you need to know to become a Professional Aromatherapist Practitioner. You will be able to gain insurance and start your own business offering bespoke aromatherapy prescriptions and treatments. This is a high-level course that is detailed and comprehensive. You will be fully supported and mentored by our qualified and experienced Principal Aromatherapy Tutor who are practicing Aromatherapists and have real life experience of running a successful business.

Following successful completion of this course you will become a Professional Aromatherapist Practitioner and be able to join the IFPA as a member. For the 1st year of your course you will have IFPA Student Membership included in your fees. To find out more about the benefits of IFPA membership click on the link <https://ifparoma.org/membership/why-join-the-ifpa/>

Accreditation

This course is accredited by the International Federation of Professional Aromatherapists who are a leading organisation committed to protecting aromatherapy standards, safety and research.



You can find our school registered on the IFPA website

<https://members.ifparoma.org/Find-A-School/school/11913>

The International Federation of Professional Aromatherapists is the largest aromatherapy specific professional practitioner organisation in the UK, involved in supporting aromatherapists and improving standards of education and practice in aromatherapy. We are now growing internationally by encouraging and supporting aromatherapy training in many other countries.

The IFPA is a registered charity in the UK. We believe wholeheartedly in the principles and philosophies of holistic health, and the promotion of well-being for the individual. These principles and beliefs are the foundations of the IFPA's aims and objectives for its members together with its strong [code of ethics and practice](#).

Topics covered on this course

- Historical uses of plant therapy
- How essential oils work in and on the body
- Dermal limits for essential oils
- Methods of using aromatherapy
- Creating synergies for safe and effective treatments
- Subtle aromatherapy energy work
- 60 essential oil profiles
- 15 carrier oil profiles
- 10 hydrosol profiles
- How to mix and blend safely and effectively
- Plant family characteristics and personalities
- Organic Compounds in plants and their importance in aromatherapy
- Research – study articles
- Introduction to aromatherapy for babies and children
- IFPA Cancer guidelines
- IFPA Pregnancy guidelines

Your Tutor

Joanne Woodward Holistic Health Education provides professional level courses to the highest training standards in aromatherapy and holistic therapies. Classes are taught in house and online by qualified tutors and experts in the field of holistic health.

Our contact details are as follows.

Joanne Woodward Holistic Health
The Old Forge
Main Street
Congerstone
Nuneaton
Warwickshire
CV13 6LZ

Phone 01827 881339
Mobile 07975 590493

Email info@joannewoodwardholistichealth.com
Website www.joannewoodwardholistichealth.com

Equality and Diversity

Joanne Woodward Holistic Health Education provides various training methods to suit different learning abilities for equality and diversity. We believe that Holistic Health education should be inclusive. Should you have any special requirements, please let us know prior to commencing your course so that we can do our best to ensure you have a great learning experience with us.

Students are expected to attend or complete all modules of each course according to the course syllabus. Each student will be assessed, monitored and mentored through their course.

If there is an unforeseen circumstance or a change in personal situation, please discuss this with us to see how we can help you stay on track and complete the course on time.

The Equality Act 2010 legally protects people from discrimination in the workplace and in wider society.

It replaced previous anti-discrimination laws with a single Act, making the law easier to understand and strengthening protection in some situations. It sets out the different ways in which it's unlawful to treat someone.

<https://www.gov.uk/guidance/equality-act-2010-guidance#overview>

Joanne is an experienced practicing Professional Aromatherapists and IFPA Principal Aromatherapy Tutor. She runs a successful home-based aromatherapy and holistic therapies business. Joanne is passionate about natural health and well-being for the mind, body and energy of life.

Tutor Credentials

Joanne Woodward is an IFPA Principal Tutor, MIFPA, Holistic Therapist, Reiki Master and Practitioner.

Methods of study

- Online Professional Aromatherapy Theory Only course
- Online Professional Theory upgrade course
- In house Professional Aromatherapy Massage training
- In house Professional Aromatherapy Massage refresher
- In house Professional Aromatherapy Diploma
- In house Professional Aromatherapy Theory course
- In house Professional Aromatherapy Upgrade/Refresher course.
- In house Professional Aromatherapy CPD courses

Online Theory Course £2000

Theory is taught on an online platform with live and recorded classes with your tutor. The course contains downloadable course materials so that you can print off and make your own notes. It is fully narrated for those who like to listen and learn.

The course will teach you everything you need to know and understand about aromatherapy so that you can create bespoke blends under consultation for clients, friends and family.

If you already hold a level 3 massage and Anatomy & Physiology qualification, this course will provide you with the tools to use essential oils in your treatments safely and effectively. Please see information about the A&P qualification below.

You will be assessed during the course via online tests, multiple choice questions and essays. You will need to sit a live final exam which lasts approximately 2.5/3 hours.

Course Costs

Your course includes all tuition fees, downloadable course materials, access to the online portal which is assessed by your tutor throughout your training, marking and feedback from your tutor for 18 months. The final exam is externally assessed by a verified IFPA examiner. does not include products.

Payment Options

One off payment of £2000

6 monthly payments of £375

We are not VAT registered.

In house Professional Aromatherapy Massage course £500

Aromatherapy Massage is taught at the clinic over and intensive 5 days. You will learn a professional aromatherapy body massage and facial which can then be sub divided into shorter treatments so that you can offer several options for treatments.

You may also like to take this course if you are already qualified but have been out of practice for a while as a refresher and to update your skills.

You will need a level 3 qualification in Anatomy & Physiology. Please see below.

5 consecutive days in house £500 on a group basis

Private course available at £750

Refresher course £150 per day

Professional Appearance for Massage

For in house massage, we require that you wear suitable clothing and present a professional image. Tunics are practical and easy to clean. Here are some recommended suppliers.

www.labeeby.co.uk

www.simonjersey.com

www.inlinelondon.co.uk

Full Professional Aromatherapy Diploma in house course from £2500

The course runs for a minimum of 10 months and up to 24 months for completion. There are around 30 in house days spread in blocks of 3, 4 or 5 days. You will be personally taught in a small group of no more than 4 students to guarantee the highest level of training. We will teach you everything we know as practicing aromatherapists and help you to understand what you need to do to start your own successful business.

You will be assessed during the course via online tests, multiple choice questions, essays and in-house assessments. You will need to sit a final exam on ZOOM which lasts approximately 2.5/3 hours.

You will be required to hold a level 3 Anatomy & Physiology qualification or equivalent. Please see more information below.

Theory only £2500

Theory and aromatherapy massage £3000

Aromatherapy Upgrade

This course is ideal for those looking to increase their skills and knowledge in aromatherapy who may already have a basic qualification. It is also useful for those returning to practice to review areas where renewing or updating skills would be beneficial. We will conduct an interview in house or via video link and then devise a plan to help you to achieve your goals.

ZOOM interview £30

Upgrade from £500 (online or in house).

Aromatherapy Continual Professional Development Courses

These are short courses for Professional Aromatherapists to attend post qualification to further develop and deepen their knowledge and skills as required by the IFPA. A guideline will be provided on your course, but these are points that need to be collected to prove you are keeping up to date with the aromatherapy professional industry.

Courses include

- Hot Stone Massage
- Warm Bamboo Massage
- Aromatic Foot Reflex Massage
- Aromatherapy Rituals Facial
- Aromatic Ear Candling

Included in your 'in house' course

- Tutor Fees
- Pastoral Care
- Course content material
- Access to the online portal for up to 18 months
- All information needed to complete your course
- Course marking and assessment reviews by your tutor

- Mentoring
- Use of products and equipment in class
- Examination Fees

Included in your course online

- Tutor Fees
- Pastoral Care
- Course content material for download
- Access to the online portal for up to 18 months
- All information needed to complete your course
- Course marking and assessment reviews by your tutor
- Mentoring
- Examination Fees

Not included in your course

- Products
- Equipment
- Travel and accommodation costs
- Food
- Clothing

Online - all course materials via the online portal. Products are not included but a starter kit of our recommendations are listed below. Professional hard copies of course notes can be sent out at a cost of £75.

In house – all course notes are provided as a hard copy and you will also have access to the online portal.

Assessments and exams

You will need to complete online assessments, answer multiple choice and essay questions throughout your study. These will help you to cement your knowledge as you take each module. There will be a final theory exam lasting around 3 hours which can be carried out via ZOOM or in house.

For massage, you will be assessed in house and complete a consultation, discuss your essential oil, carrier oil and hydrosol choices to the external examiner. You will complete a full body, neck, shoulders, face and scalp massage which will last around 90 minutes.

Examination fees

This is a fee to cover the cost of external verification and marking of your practical and theory examinations.

Massage £50

Theory £50

Aromatherapy Products

It is necessary to buy from professional aromatherapy suppliers. Please do not buy from big multi-level marketing companies (MLM's). the reason for that will be covered on your course. Please buy organic where possible as it does make a difference. Always ask for proof of certification as some may say that they are organic.

We have selected the suppliers that I believe offer the best aromatherapy products. On this course we will cover many and they all have varying prices. To get going I recommend you buy the following products and then choose additional ones as you study them to see what appeals to you. It's important that you buy the right product as there are various species so, do observe the Latin names when buying.

Formulation and Making Organic Skincare

At the end of this course, you will become a Professional Aromatherapist with an internationally recognised qualification. You will be able to treat people using individual client consultations with signed consent from them.

This course does not cover being able to make and sell products to the public which would require that your products must comply to cosmetic testing. If you are creating your products properly you shouldn't have a problem with anything, but it is a legal requirement to have proof that your products meet the standards.

Here is what the EU cosmetic regulation says.

'Developing your cosmetics

Manufacturing according to Good Manufacturing Practices (GMP)

The EU Cosmetics Regulation stipulates that all cosmetics products must be manufactured in accordance with the harmonised standards laid out in GMP, in turn described in the Official Journal of the European Union. GMP ensures that products are prepared in a clean environment and that the products are not contaminated in production. Microbial contamination can be quite common as many microorganisms live freely in the atmosphere around us, and could lead to degradation and, in severe cases, could cause harm to the consumer.

Placing a product on the market

Before being placed on the European market, all cosmetics products must be listed on a centralised database, the Cosmetic Products Notification Portal (CPNP), managed by the European Commission. When a product has been notified in the CPNP, there is no need for any further notification at national level'

What does that mean for Aromatherapists?

Quite simply we are qualified to make, use and sell products to clients and friends after taking a full consultation. That is what this qualification does in that sense. We offer a unique service to individual people with a holistic approach.

Anatomy & Physiology

The IFPA recommends the level 3 Anatomy & Physiology course by Essential Training Solutions and they have negotiated an excellent rate of £200.

IFPA – Anatomy, Physiology and Pathology Online Course, IFPA Accredited, Level 3



The key features of our IFPA Accredited Anatomy Physiology and Pathology course are:

- Level 3 IFPA Accredited course
- Perfect for new therapists who have chosen to go down the IFPA accredited course route
- Upon completion can be used as prior learning for IFPA accredited practical training courses
- Interactive tutorials and online assessments mean you can study completely from home
- Immediate online marking of assessments – no written assignments to be posted
- Fully supported
- No attendance required
-

We also run the following professional qualification: VTCT Online Level 3 Certificate in Anatomy, Physiology and Pathology

What's included in this course?

This course is just £200 and is *fully inclusive* of the following:

- 24/7 online access for the duration of your course
- The Essential Anatomy & Physiology Study Manual
- The Complete Pathology for Complementary Therapies book
- Free access to the ETS Resource Centre
- Free access to the ETS Health and Safety Resource
- Unrivalled and unlimited student support
- Printed certificate upon completion

This course comprehensively covers Anatomy, Physiology and Pathology for all body systems. You can choose the order in which you take them to tailor your study to your own needs.

Memberships

IFPA – International Federation of Professional Aromatherapists

Your course fees include student membership for the first year of your course. See the benefits here

Students enrolled on our [Professional Aromatherapy Diploma](#) at one of our accredited schools are required to become a Student Member.

Some schools include the cost of Student Membership in their tuition fees so prospective students should check with their chosen school first.

Student Members are expected to qualify within three years. Any extension to this period will be on a case-by-case basis, at the discretion of the school and in conjunction with the IFPA.

Once qualified Student Members will automatically be eligible for Full Membership and the use of the letters MIFPA after their name.

[Check out the new Student Facebook Page](#)

Fees for Student Membership are £27 per annum (£27.50 International)

Browse our list of [accredited schools](#) for your course to become an IFPA qualified Professional Aromatherapist.

Labaroma

This is a chemistry formulation app that helps you to formulate and test your aromatherapy blends. As a school we have a special deal with Labaroma for our students. Please ask for details.

<https://www.labaroma.com/en/about>

Insurance

IFPA Members-have exclusive access to a discounted insurance package, designed specifically for professional Aromatherapists by Balens. Who were founded in 1950 and are an ethical 4th-generation family brokerage with 50 staff and 70,000 plus clients. They have been looking after Health and Wellbeing Professionals for over 21 years and have designed a Hybrid policy that they believe is one of the most comprehensive on the market. Their exclusive Professional Liability Insurance is available to IFPA Student Members, Associate Members and Full Members

For full details, please contact Balens here: <http://www.balens.co.uk/services/customised-schemes/ifpa-insurance-scheme.aspx>

For the purpose of insurance only The International Federation of Professional Aromatherapists are an Introducer Appointed Representative of Balens Limited, Bridge House, Portland Road, Malvern, Worcestershire, WR14 2TA who are authorised and regulated by the Financial Conduct Authority.

Whilst training with Joanne Woodward Holistic Health Education, in house courses are covered by the school's insurance policy for treatments and training but we do recommend

that you obtain student insurance with Balen's Ltd or another appropriate insurance company of your choice for any work outside of the training venue. This would cover you for public liability and products.

Visit <https://www.balens.co.uk/>

First Aid Qualification

The IFPA do not require you to hold a First Aid at Work certificate but, we do highly recommend that you do gain this qualification if you are going to run a business with hands on services.

Cancellation, Deferring and Payment Policy

You are required to pay your course fees at the time of booking. Our Aromatherapy Diploma can be paid in one lump sum or spread over 6 monthly payments which costs slightly more. All short courses must be paid in full at the time of booking. Course fees are non-refundable once your course has commenced. You may be able to defer the start date of your course at your Tutor's discretion.

Refunds Policy

We regret that unless there are exceptional circumstances that we are unable to offer a refund for a course that has already commenced.

For in-house courses we require

- 30 days' notice of cancellation prior to the course start date for a full refund
- 14 days' notice of cancellation prior to the course start date 50% refund
- 7 days' notice of cancellation prior to the course start date 0% refund
- If we need to postpone or cancel your course a full refund or alternative dates will be offered.

Extra Special Information

COVID-19 Health & Safety Policy

Health and Safety & Risk Assessment COVID-19

Please refer to our separate COVID-19 Health & Safety Policy booklet for full details.

Government Guidelines

During your course we will stay updated with the Government Guidelines for COVID-19 in relation to close contact services. We will ensure your course is run legally and safely. We operate a strict hygiene policy and through risk assessment policy. See our separate booklet for more COVID-19 policy procedures.

We will keep you up to date with any changes during these times whilst you are training with Joanne Woodward Holistic Health Clinic.

Please check the current Government Guidelines for close contact services regularly if you are carrying out close contact services which massage is covered under.

<https://www.gov.uk/coronavirus>

Governing Body Guidelines

The IFPA will notify us of any changes to the operations of close contact services to due COVID-19. We recommend that you follow their social media pages and check your emails for updates. The Guidelines change depending on the rate and spread of the virus, so it is important to know the current guidelines and how they affect your work.

[Close contact services: Guidance for keeping workers and clients safe in close contact services,](#)

NHS England Hand Washing Procedures

<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>

Government Guidelines - Face coverings

Wear something that covers your nose and mouth:

- on public transport
- when you go to hospital appointments or visit someone in hospital

If you can, also wear a face covering in other places when it's hard to stay away from people, such as in shops.

Face coverings should not be worn by children under 3 and people who would find wearing them difficult (such as people with breathing difficulties).

